KHPT wins the IMPACT AWARD, 2017

KHPT was shortlisted for the IMPACT AWARD in recognition to its contribution to “deeply impacting lives of communities through excellence in programme implementation and innovations”. KHPT’s Sukshema project to improve maternal neonatal and child health outcomes in the state was evaluated for the award. Managing Trustee Mr Mohan HL received the Award on behalf of the organisation at the Impact Conclave organised at New Delhi on 30th and 31st by Sambodhi Research and Communications Pvt. Ltd. This award is dedicated to all our front line health workers, staff nurses and community members who are and will always be our greatest advocates!

PROJECT UPDATES

Theme: Adolescent Girls

Sphoorthi Project

Girls back in school!

Twenty girls who dropped out of school due to reasons like failing in exams, poor support from parents, prospects of marriage, disinterest in academics, demanding household work and eve teasing, are all back in school! Thanks to the relentless efforts of the Sphoorthi team. Motivating the girls through their peers, convincing parents, conversing with school authorities and creating support systems, the team left no stone unturned to make sure that the girl felt empowered enough to decide to get back to school against all odds. Efforts to link them to remedial classes and building strong peer networks will keep them motivated and focused.

“Banashankari, Voice of Inspiration”

Banashankari dropped out of school 3 years ago due to excessive work load at home. She says, “nobody realised I had a dream and wanted to study. But when I joined Sphoorthi project’s peer program, I met the community organiser, Rekha who interacted with me and understood my desire to study further. With the help support of other girls, I have enrolled back to Std 10. I have taken a loan of 700 Rs from a friend to pay the fees. I will earn some money through stitching and repay my friend”. Every morning, Banashankari dedicates one hour to studying and in the evening she attends Maths tuitions. The rest of the time she does household chores and attends stitching training.

Theme: Nutrition

Multi Sectoral Nutrition Project

Paushktikathe Shibira: Focus on local foods

The Nutrition Project’s village nutrition volunteers jointly with the Anganwadi workers and ASHA have been organising ‘Paushktikathe shibira’ at the Anganwadi centres for pregnant and lactating women, adolescent girls and mothers of young children. This event is to provide information about the benefits of consuming locally available fruits, vegetables and pulses which are well within their family budgets. The participants are also taught to prepare different recipes using the local foods and how these foods can be incorporated in their daily diet to improve their nutritional status.

Theme: HIV/AIDS

ICMR Study dissemination workshop

Indian Council of Medical research (ICMR) in collaboration with KHPT, St Johns Research Institute, National AIDS Control Organisation (NACO) and Karnataka State AIDS Prevention Society (KSAPS) conducted a Dissemination Workshop in Belagavi on August 7, 2017 to share the findings from the ICMR task force study on ESTIMATING THE BURDEN OF PEDIATRIC HIV IN BELGAURI DISTRICT IN INDIA. Key results indicate HIV prevalence among children < 15 years = 0.23% Cumulative incidence rate (%) of mother to child transmission of HIV per 100 pregnancies = 7.8 by 22 months of age of the child; Proportion of children among all persons living with HIV = 10.4%. The results reinforces the fact that working with children in the context of HIV/AIDS needs continuous attention.
**Voice from the field**

"I was clueless when LBW baby of Durgamma came to my area from the hospital. I didn’t know how to ensure Kangaroo Mother Care for this baby. Fortunately, in a span of 4 days I received training on KMC in my PHC. I understood from the training that KMC need to be practiced for prolonged period. I realised that Durgamma’s baby has been receiving only 2-3 hours KMC in a day. After the training I rushed to this home and did effective counselling to the family on the importance of prolonged KMC. As a result of this baby started receiving 10 hours of KMC in a day. Now I am confident that I can ensure KMC for the LBW babies in my area!"

- Lakshmamma, ASHA, Navali PHC, Koppal district
Mr. Vasudhendra, an award-winning writer in Kannada and a LGBTQ activist, delivered the 80th Colloquium lecture at the KHPT conference hall last month. He addressed multiple issues related to LGBTQs ranging from the prevailing myths and misconceptions at the individual, familial, and societal levels to the challenges of coming out into the open. His experiences and insightful talk deepened the understanding of the complexity of psycho-social issues of LGBTQs.

**EMPLOYEE CORNER**

**Colloquium**

Mr. Vasudhendra, an award-winning writer in Kannada and a LGBTQ activist, delivered the 80th Colloquium lecture at the KHPT conference hall last month. He addressed multiple issues related to LGBTQs ranging from the prevailing myths and misconceptions at the individual, familial, and societal levels to the challenges of coming out into the open. His experiences and insightful talk deepened the understanding of the complexity of psycho-social issues of LGBTQs.

**Good health research practice**

Prakash, Ashwini, and Vidyacharan from KHPT participated in the online course followed by four-day participatory and concluding workshop regarding good health research practice organised by the Institute of Public Health, Bangalore.

**PUBLICATIONS**

- Organisational brochure on the theme of Children in Difficult Circumstances (CIDC)
- Report on the vulnerabilities of street children in Mumbai
- Brochure on the Kangaroo Mother Care (KMC) project
- Link Card for KMC project
- Leaflet on the Energy Dense Food (EDF) production units, Nutrition Project
- Call to Action for Nutrition support for adolescent girls, Project Sphoorthi
- IHAT organisational booklet
- Diet Chart for rural adolescent girls, Project Sphoorthi