

Experiences

- We have worked on integrating nutrition component across our HIV/AIDS programs to meet the nutritional requirements of children, women and people living with HIV/AIDS.
- In the context of MNCH we promoted behaviors around maternal nutrition and infant and young child feeding practices.
- We have assisted the Department of Women and Child Development (DWCD) in Karnataka to develop a Project Implementation Plan (PIP) for modelling the ICDS in a mission mode to accelerate response to undernutrition.

KHPT lays emphasis on marginalised communities and low income groups in rural and urban settings

KHPT currently, implements a project aimed at reducing under-nutrition among the target populations through inter-generational approaches in two backward blocks of Karnataka- **Chincholi and Devadurga blocks in Kalaburagi and Raichur districts.**



Highlights



Training and empowerment of 421 local women as village nutrition volunteers (VNVs) for outreach and community engagement.



Setup a state-of-the-art supplementary food production unit completely managed by local women.



Production and year round distribution of fortified blended foods to all the project beneficiaries to bridge the protein calorie micro- nutrient gaps.

Donors and Partners

- Department of Women and Child Development, Government of Karnataka
- Karnataka State Rural Livelihood Promotion Society (KSRLPS), Government of Karnataka
 - World Bank
 - Karnataka Comprehensive Nutrition Mission (KCNM)
- Global Alliance for Improved Nutrition (GAIN)

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Nutrition Programs

Covering **40,000** poorest of the poor community members



KHPT
engage, innovate, empower

Why we work on Nutrition?

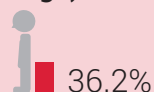
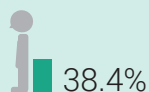
Data reflects that undernutrition is a grave challenge for India, calling for an accelerated and integrated response to the issue.

Country Profile (NFHS-4)

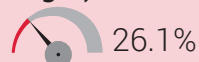
Karnataka State (NFHS-4)

Children under 5 years who are:

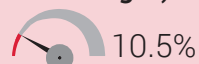
STUNTED (height-for-age)



WASTED (weight-for-height)



SEVERELY WASTED (weight-for-height)



UNDERWEIGHT (weight-for-age)



41%

28%

50%

32%

Anaemia in Karnataka

60.9% Children between 6-59 months

44.8% Non-pregnant women aged 15-49 years

45.4% Pregnant women aged 15-49 years

44.8% All women aged 15-49 years

20.7% of the women in Karnataka have below normal BMI (<18.5 kg/m2)

Vision

Enhanced nutritional outcomes among women and children through improved access and coverage to quality nutrition interventions.

Approach

Multi-sectoral approach to alleviate undernutrition through scalable and sustainable nutrition-sensitive and nutrition-specific interventions.

Our approach is guided by the **Principles of Program Science** and **Centrality of Community Needs**.

Key Strengths

- We have a multi-disciplinary advisory team overseeing programs, capacity building, advocacy, quality improvement, system strengthening and research.
- Our Nutrition, Community, Communications and Counselling specialists lead all the implementation efforts supported by a vibrant team of field workers.
- We draw from the know-how and skills of organisations like the International Crops Research Institute for the Semi-Arid Tropics (ICRISAT) and Central Food Technological Research Institute (CFTRI).

Focus Populations

Infants and young children



Pregnant and lactating women



Orphans and vulnerable children



Tuberculosis patients



People living with HIV/AIDS



Adolescent girls



Strategies

Nutrition Specific

- **Improving availability and accessibility** of high quality and affordable nutrient dense foods through community driven procurement, production and distribution processes.



- **Ensuring consumption** of locally available nutritious food within prescribed family budgets through Behavioural Change Counselling (BCC) at individual and family levels.

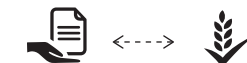


- **Enhancing access** to nutritional interventions offered by programs within Government departments of Health and Women and Child Development (DWCD).



Nutrition Sensitive

- **Improving linkages** with existing nutrition enhancing services implemented by other social sector programmes for an integrated response to undernutrition.



- **Addressing gender differences** and facilitating financial empowerment of women to increase their purchasing power and decision making around consumption of nutritious food.



Innovate



Pilot



Evaluate



Scale-up