

Implementation

The project will be implemented over three years, from Dec, 2015 to Nov, 2018 in 51 villages in Koppal district, Northern Karnataka. It covers 640 role model AGs and their parents, 3600 peer girls and village community as a whole.

These peer role models are likely to raise girls' aspirations, increase self-esteem and inspire them to adopt behaviours that improve their quality of life.

Interventions

With role model and peer girls

Strengthen self-esteem and awareness of role model adolescent girls, enabling them to make informed choices and confront issues collectively.

With families

Engage with families of AGs to understand the importance of educating girls, gender equity, and the consequences of early marriage and child bearing. Helping families find ways to support the education of their daughters.

With adolescent boys

Increase the confidence among adolescent boys to create opportunities for their involvement in social actions and transform their attitude to confront negative gender and social norms.

With community

Engage with key community leaders to foster positive gender and social norms, create spaces for adolescent participation and increase support for education and health of adolescents.

Evaluation Process

Quantitative survey with a sample of role model girls aged 14-15 and their peers aged 13-16 at the baseline and at the end of the intervention.

Qualitative evaluation includes life-line case studies with role model girls and their parents at the beginning, mid and end of the intervention; and in-depth interviews with peer girls, boys and community leaders at the baseline and at the end of the intervention.

Lets act together to make a difference



Support our efforts to identify and create champions of change



Sponsor an under-privileged girl child's education



Spread the word on education and gender equity

Contact us

KHPT, No.44, Sri Raghavendra Nivas,
Behind Shree Mata Hotel,
Divaters Colony, Hosapete Road,
Koppal - 583 201, Karnataka, India

 08539 220446

 khptblr@khpt.org  www.khpt.org

Central office:

IT Park, 5th Floor, #1-4, Rajajinagar Industrial Area,
Behind KSSIDC Admin Office,
Rajajinagar, Bengaluru 560 044, Karnataka, India
T. +91 80 4040 0200 F. +91 80 4040 0300

Project Sphoorthi

Empowering Adolescent Girls



©KHPT/Priya Pillai

KHPT
engage, innovate, empower

 Azim Premji
Philanthropic
Initiatives

Barriers



Individual

- Poor health and nutrition
- Lack of confidence
- Lack of interest in studies



Interpersonal

- Lack of family support
- Negative peer influence
- Economic burden and household poverty



Education System

- Lack of mechanisms to ensure quality education
- Lack of girl child-friendly infrastructure
- Environment of harassment/bullying
- Poor linkages to government schemes



Macro/Societal

- Child marriage
- Fear of losing reputation
- Belief that degrades the importance of girls' education
- Cultural practices that reinforce negative gender norms



Enablers



Individual

- Interested in school
- Healthy and fit
- Has goals for future



Interpersonal

- Having friends/siblings in school
- Supportive family



Education System

- Proper facilities
- Access to government schemes
- Supportive teachers



Macro/Societal

- Belief that girls should stand on their own two feet
- Community believes that girls and boys are equal

IN INDIA

(Source: NFHS-3, 2005-06)

47% girls aged 20-24 were married before their 18th birthday

44% married girls aged 15-19 gave birth before their 20th birthday

IN KARNATAKA

(Source: NFHS-4, 2015-16)

23% girls aged 20-24 were married before their 18th birthday

8% married girls aged 15-19 gave birth before their 20th birthday



Koppal district in Northern Karnataka is **one of the low ranking districts** in developmental aspect.**

1 in 5 girls drop out from school while transitioning to secondary education

1 in 2 girls aged 10-19 are anaemic (Hb<11.0 g/dl)

1 in 3 girls deliver a child before reaching age 20***

Project Sphoorthi

KHPT is implementing Sphoorthi project funded by the Azim Premji Philanthropic Initiatives (APPI) to pilot and implement a role model approach among adolescent girls (AGs) and parents. This is done by empowering groups of AGs and their parents as role models to positively influence their respective peer groups and foster an environment of support for their overall wellbeing and development.

Project Goal

To improve the quality of life of **4240 adolescent girls** from disadvantaged households in Koppal district, Karnataka by enhancing education, health, and nutritional status.

KEY OBJECTIVES

Increase secondary school completion rates by 80% among adolescent girl role models and 25% among peer girls

Reduce the proportion who are married by 50% among adolescent girl role models and 15% among peer girls

Increasing nutrition levels by 50% among role model girls and 15% among peer adolescent girls

** HDI report (2005)

*** DLHS-4 (2012-13)