Let's Make it a TB-free Festive Season

Remember TB is curable with the right drug of the right dose taken for the right duration. This Diwali and Chhat, protect yourself and your family!



Namaskar Rameshji! I notice that you have a really bad cough. How long has it been?

Namaskar Sunita Didi. The past 2 weeks.

> Oh, since 2 weeks! Did you get yourself tested for TB?



TB? I don't know very much about TB.

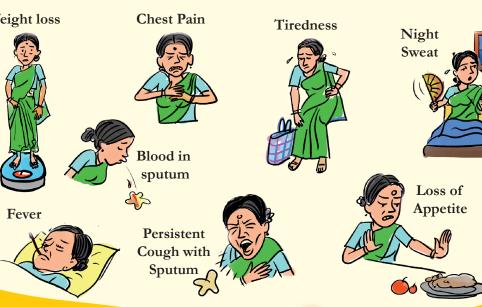
TB generally affects the lungs. It is caused by a bacteria and can spread from one person to another.



Wishing everyone a Нарру Diwali and Chhat



A cough that lasts for more than 2 weeks, usually with sputum, could be a sign of TB. Other symptoms are:



I'm a healthy person, how can TB affect me?

Where can I get this test done? Will it cost me a lot of money?

TB can affect anyone, but you should remember that TB is curable. Hence it's very important to get yourself tested.









What is the treatment for TB? If TB is contagious, how do I prevent it from spreading to my family and friends?

A TB patient has to take medicines for six months or longer. If the person does not take treatment regularly, TB can become resistant to medication, which is more difficult to treat.



Cover your mouth and nose with cloth or paper napkins.



use a mask.



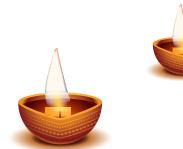
Use your upper sleeve or elbow if there is no handkerchief. Do not use your hand.



good to use soap.

Remember, TB is curable. TB patients need our support. Let's not discriminate against them.









With due acknowledgement to







