

INSTITUTIONAL UPDATE: COMPREHENSIVE PRIMARY HEALTH CARE

APRIL-JUNE 2022

Government Engagement

KHPT signs MoU with Mysuru City Corporation

Mysuru City Corporation (MCC) and KHPT signed an MoU on April 21 to work together to design, develop, implement and evaluate a model of Urban Primary Health Care in Mysuru City. The MoU was signed by Shri G. Lakshmikanth Reddy, Commissioner, Mysuru City Corporation and Mr Mohan H L, CEO KHPT.

Under the MoU, MCC will provide leadership in bringing about convergence among

public and private stakeholders and support the integration of project activities within its infrastructure. MCC will also support conducting field activities for the project and support utilising its resources within its jurisdiction to enhance project performance.

As a partner, KHPT will describe the current status of the urban CPHC system in Mysuru, identify and analyse barriers and facilitators to Comprehensive Primary Health Care (CPHC), and develop evidence-based solutions to strengthen urban primary health care. The MoU will be operational until March 2026.



■ Mohan H L, CEO, KHPT with Shri G. Lakshmikanth Reddy, Commissioner, Mysuru City Corporation

Project Visit

Primary Healthcare Specialist from HSTP visits Mysuru project site

Dr Kumaravel Ilangoan, Specialist - Primary Healthcare, Health Systems Transformation Platform visited the project site in Mysuru on April 27 and interacted with the field research team to understand the data collection process and the wards/zones they work in. The team organized a Focus Group Discussion with an elderly male in the Chamundipuram ward. They also facilitated interactions with the NR Mohalla Anganwadi staff and residents with the support of the Anganwadi helper to understand the nature of their jobs.

Dr Kumaravel also visited the home of a person living with diabetes to understand the NCD project in Mysuru. Bhoomika, a Community Health Worker with the project,



■ Dr Kumaravel looking at the Patient Retention Book

explained her rapport-building process with persons with diabetes and hypertension.

At a testing camp organised by KHPT, Dr Kumaravel was shown how patient records are integrated with the government's



■ Dr Kumaravel interacting with a person with diabetes and hypertension

Electronic Medical Record. Later, he met Dr Ramya, the Chief Medical Officer of the Kumbarakoppalu Urban Primary Health Centre (UPHC) to understand its working relationship with KHPT.

Community Engagement

KHPT Participates in an 'Arogya Mela' in Chikkaballapur

KHPT participated in a two-day Arogya Mela on May 14 and 15, which was jointly

organised by the Health and Family Welfare Department, Department of Medical Education, Government of Karnataka and Dr K Sudhakar Foundation in Chikkaballapur.

KHPT put up a stall to raise awareness of diabetes and hypertension. Communication materials on the two health conditions were distributed to frontline health workers and the general public. On the second day of the camp, Random Blood Sugar (RBS) tests were conducted for the public with the help of the Chikkaballapur Non-Communicable Diseases cell. Films on diabetes and hypertension developed by KHPT were also played during the two-day mela. Information, Education and Communication Materials on diabetes

and hypertension were also distributed to the people. The Arogya Mela was organised to provide free consultation, testing, diagnosis and treatment to patients from economically weaker sections.



■ Naveen, Community Facilitator collecting a blood sample for the RBS test



■ Bhavya, our Project Associate explaining the IEC material to a visitor

Partner Engagement

KHPT collaborates with Grassroots Research and Advocacy Movement (GRAAM) to conduct Public Engagement (PE) workshops

KHPT in collaboration with Grassroots Research and Advocacy Movement (GRAAM) has been conducting Public Engagement (PE) workshops as part of a larger formative research study funded by HSTP and Access Health that aims to design, develop, implement, and identify the gaps and understand the current status of the health systems, find potential solutions, explore convergence, find and evaluate an Urban Comprehensive Primary Health Care model in Mysuru city.

The first PE was conducted in the month of January with NGOs, Community-Based Organisations, Academicians and etc. Three more PE workshops were organised in the second week of May in Mysuru. The second PE was with private health practitioners, in which Dr Rajesh Kumar, Senior Technical



■ Participants in group work during one of the PE sessions

Advisor from HSTP participated to provide his input to the stakeholders. The third was with doctors from government hospitals, and the fourth was with non-health-based institutions.

The PEs were organised to discuss and deliberate the public health status of Mysuru city in relation to Comprehensive Primary Health Care (CPHC), its availability, accessibility, affordability and above all, the accountability of stakeholders.



Health Systems Transformation Platform (HSTP) CEO meets to discuss project

In a meeting with Comprehensive Primary Health Care colleagues on 23 May, Dr Rajeev Sadanandan, CEO HSTP, discussed project-related progress. The meeting focused on the results of the Public Engagements, the convergence of departments and the best way forward for implementing the project.

Community Engagement

KHPT organizes an awareness camp on World Hypertension Day in Mysuru

KHPT organized an awareness programme for residents of the Ambedkar Jnanaloka slum in Mysuru on May 17 to observe World Hypertension Day. The event was conducted in collaboration with Magic Bus Foundation and NCD Cell, Mysuru .

Dr Neetu, Medical Officer from the District Hospital educated the residents on hypertension and tips to modify their lifestyle to manage it better. 60 residents received free blood pressure screenings.



■ Residents of the Metagalli slum at the free screening centre

People with diabetes and hypertension discuss the environment in Community Support Group meetings

In June, all Community Support Group (CSG) meetings were centred on the environment. Since June 5 is World Environment Day, it was decided to talk about the environment in the CSG meetings. People with diabetes and hypertension shared their knowledge of the Earth, environmental degradation and ways to live in harmony with nature. Many of them also planted saplings in their homes.



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