

— 22 Years —  
22 Million Lives  
One Relentless Mission



From remote villages to urban settlements, each life touched is  
a story of health, hope, and human resilience

*Rooted in Communities | Driven by Evidence | Aligned with Systems*



# Our Walk Along the Margins

For over two decades, KHPT has walked alongside India's most vulnerable communities—listening, learning, and building trust.

In places where health remains out of reach, held back by stigma, silence, or systemic gaps, we have worked to change that reality. We don't deliver solutions from above. We believe the answers already exist—in local knowledge, culture of the place, and in collective intent.

While health is our focus, we see it in its full context—shaped by poverty, gender, social norms, urbanisation, and climate. That's why, we bring together **technical expertise and community wisdom, blending data, dialogue, and systems thinking.**

**Because health and wellbeing is a right. And every community deserves not just access, but the power to shape their own well-being.**



# Our Journey

## Where We Began

In the early 2000s, over 2.5 lakh people lived with HIV in Karnataka - making it one of India's biggest HIV epicentres. The virus brought more than illness. It brought silence, shame, and a stark exposure of inequality in our society.

KHPT was founded in the thick of this crisis - a small group of social scientists who believed HIV was not just medical, but deeply social: rooted in poverty, exclusion, and violence. With marginalised and excluded communities at the centre, we helped reduce HIV prevalence by over 70% in the hardest-hit districts, making Karnataka a global learning site.

## Listening, Expanding, Evolving

The communities we worked with led us forward. The leading cause of death among people with HIV was Tuberculosis - which became another area of focus. Here, we moved beyond a biomedical lens and adopted a socioecological lens, recognising TB as a social condition shaped by poverty, nutrition, and care. Further, women living with HIV worried less about their symptoms and more about their daughters dropping out of school. We saw the arc of disease begin in childhood. This led us to widen our lens into adolescent health - into the quiet crises of child marriage, school dropout, limited agency and poor wellbeing. Following the continuum of care across the life cycle, our path led naturally to maternal and child health, and early childhood development.

## Investing in the Future

Over time, we realised that our interventions were designed in compartments, however, people's lives weren't. And so, we evolved to address health not in fragments - but as a whole.

We widened our lens to address some of India's top public health challenges - non-communicable diseases, and respiratory illness. These were deeply intertwined with our existing work and compounded by climate-induced migration.

Additionally, we build ecosystems - where likeminded experts, and organisations come together to share knowledge, and mobilise collective resources to advance two of India's most urgent yet underfunded priorities: women's health and health for the urban vulnerable.



## **Our Vision**

Empower communities to lead a life of quality, health and well-being

## **Our Mission**

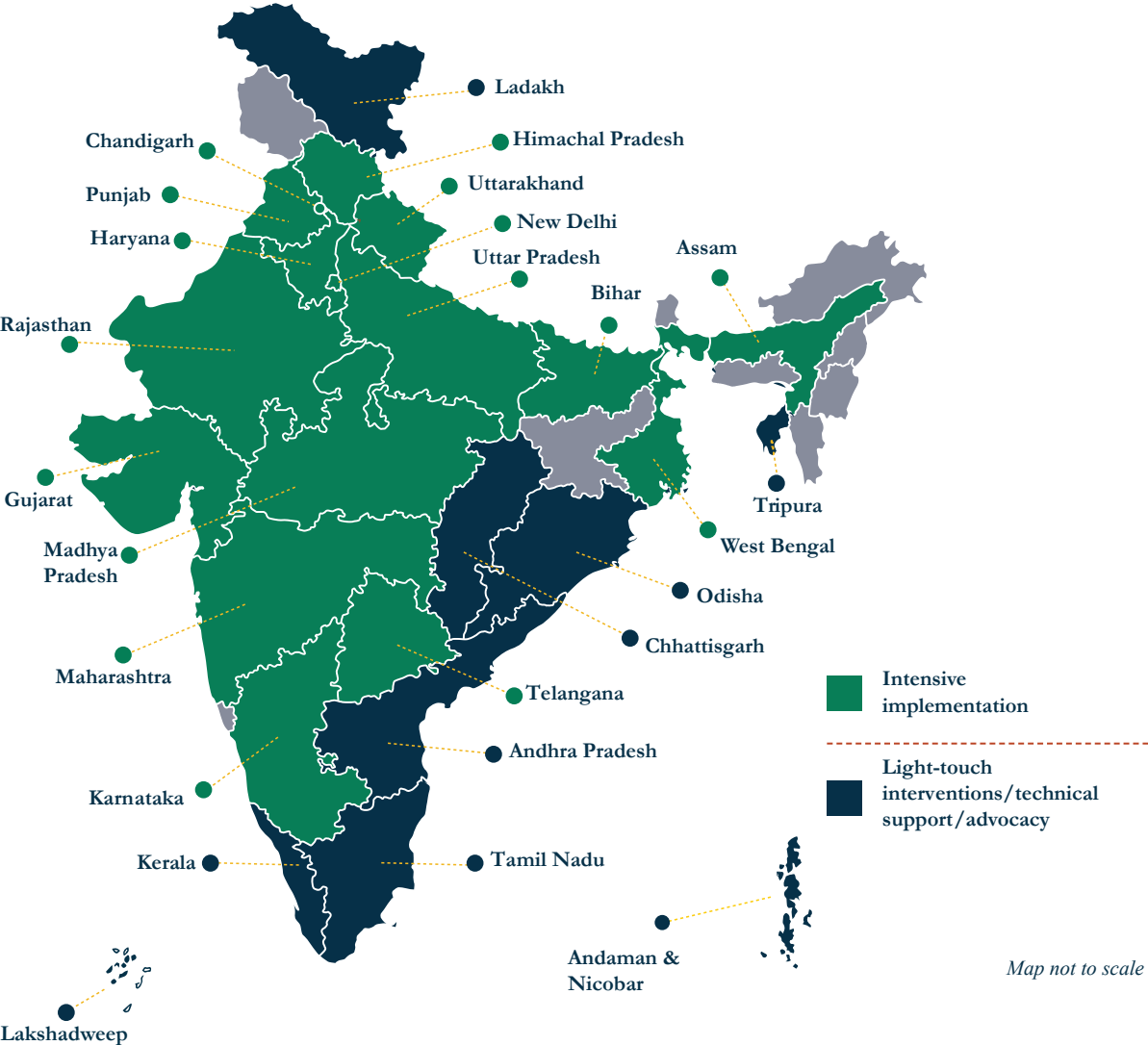
Reduce inequities through evidence-driven approaches

## **Our Intended Impact**

Strengthen health systems to achieve population-level impact



# Impact Across India



# Our Focus

We are a team of public health and medical professionals, development practitioners, researchers, and social scientists, supported by a wide network of grassroots field teams. With over 250 publications, evidence-based care is at the core of our work. Our work centres around three core pillars:

## Innovation and Implementation

Developing community-centric, evidence-based and scalable approaches



**Child Health  
and Nutrition**



**Adolescent Health  
and Empowerment**



**NCDs (Diabetes,  
Hypertension and  
Mental Health)**



**Respiratory  
Resilience for the  
Poor**

## Ecosystem Development

Building national and global networks to generate insights, shape narratives, inform policies and mobilize funding



**Women's Health**



**Health for the  
Urban Vulnerable**

## Becoming Future Ready

Embedding Technology and AI across our themes to maximise our reach and impact



**Community Tech  
and AI Integration**



# Enabling Change in India's Last Mile



**42,000,000+**

vulnerable individuals reached through person-centred care and community structure engagement for TB treatment



**450,000**

Adolescent girls empowered through a life-cycle based approach



**300,260**

Eligible couples, pregnant women and lactating mothers reached to improve MNCH outcomes



**4,382,499**

Adults screened for diabetes and hypertension



**530,800**

Most at risk populations and people living with HIV covered under HIV/AIDS projects

# Our Select Recognitions

## Building Champions for Tomorrow

Ashraya Hastha Trust,  
2025

## Best NGO award

International Conference  
on 'Innovations by NGO's  
in Diabetes Care, 2021

Diabetes Awareness,  
Prevention and Wellness  
Award  
ASSOCHAM, 2019

## Quality in Healthcare Leadership Award

Zee Business Delhi, 2019

Deeply impacting  
communities through  
innovations in programs  
IMPACT Award, 2017

Avahan Award for Best  
State Lead Partner for  
Mobilising Communities  
Bill & Melinda Gates  
Foundation, 2014

# Our Partners



## KHPT

IT Park, 5th Floor, 1-4, Rajajinagar  
Industrial Area, Behind KSSIDC  
Admin office Rajajinagar,  
Bengaluru, Karnataka - 560 044

©KHPT, July 2025

Ph: + 91 80 4040 0200  
Fax: + 91 80 4040 0300  
Email: [khptblr@khpt.org](mailto:khptblr@khpt.org)  
Website: [www.khpt.org](http://www.khpt.org)

Follow us

