

— 22 Years —
22 Million Lives
One Relentless Mission



From remote villages to urban settlements, each life touched is
a story of health, hope, and human resilience

Rooted in Communities | Driven by Evidence | Aligned with Systems

Our Walk Along the Margins

For over two decades, KHPT has walked alongside India's most vulnerable communities—listening, learning, and building trust.

In places where health remains out of reach, held back by stigma, silence, or systemic gaps, we have worked to change that reality. We don't deliver solutions from above. We believe the answers already exist—in local knowledge, culture of the place, and in collective intent.

While health is our focus, we see it in its full context—shaped by poverty, gender, social norms, urbanisation, and climate. That's why, we bring together **technical expertise and community wisdom, blending data, dialogue, and systems thinking.**

Because health and wellbeing is a right. And every community deserves not just access, but the power to shape their own well-being.



Our Journey



Where We Began

In the early 2000s, Karnataka was one of India's HIV epicentres. HIV exposed deep social inequities-rooted in poverty, stigma, and exclusion. KHPT was founded in this crisis. Working with marginalised communities, we reduced HIV prevalence by over 70% in the hardest-hit districts.



Listening, Expanding, Evolving

As TB emerged as the leading cause of death among people with HIV, our focus expanded. We adopted a socioecological lens—seeing health as shaped by poverty, nutrition, and care. Listening to women living with HIV talk about their children, they led us to adolescent health and early childhood development.



Investing in the Future

We moved from fragmented interventions to a holistic approach. We also address non-communicable diseases, respiratory illness, and climate-linked vulnerabilities.

Further, we are building ecosystems—mobilising knowledge and partnerships to advance two urgent, underfunded priorities: women's health and urban health.



Community voices



The Sphoorthi project taught me many lessons and I understand that child marriages are harmful to adolescent girls. I helped in preventing underage marriages of two of my friends - **Priya, an adolescent girl**

After attending Eligible Couples Day and learning about a father's role in parenting, I understood that parenting isn't just a mother's responsibility. Even fathers can be good mothers - **Madhusudhan, an eligible couple participant**



Our Vision

Empower communities to lead a life of quality, health and well-being

Our Mission

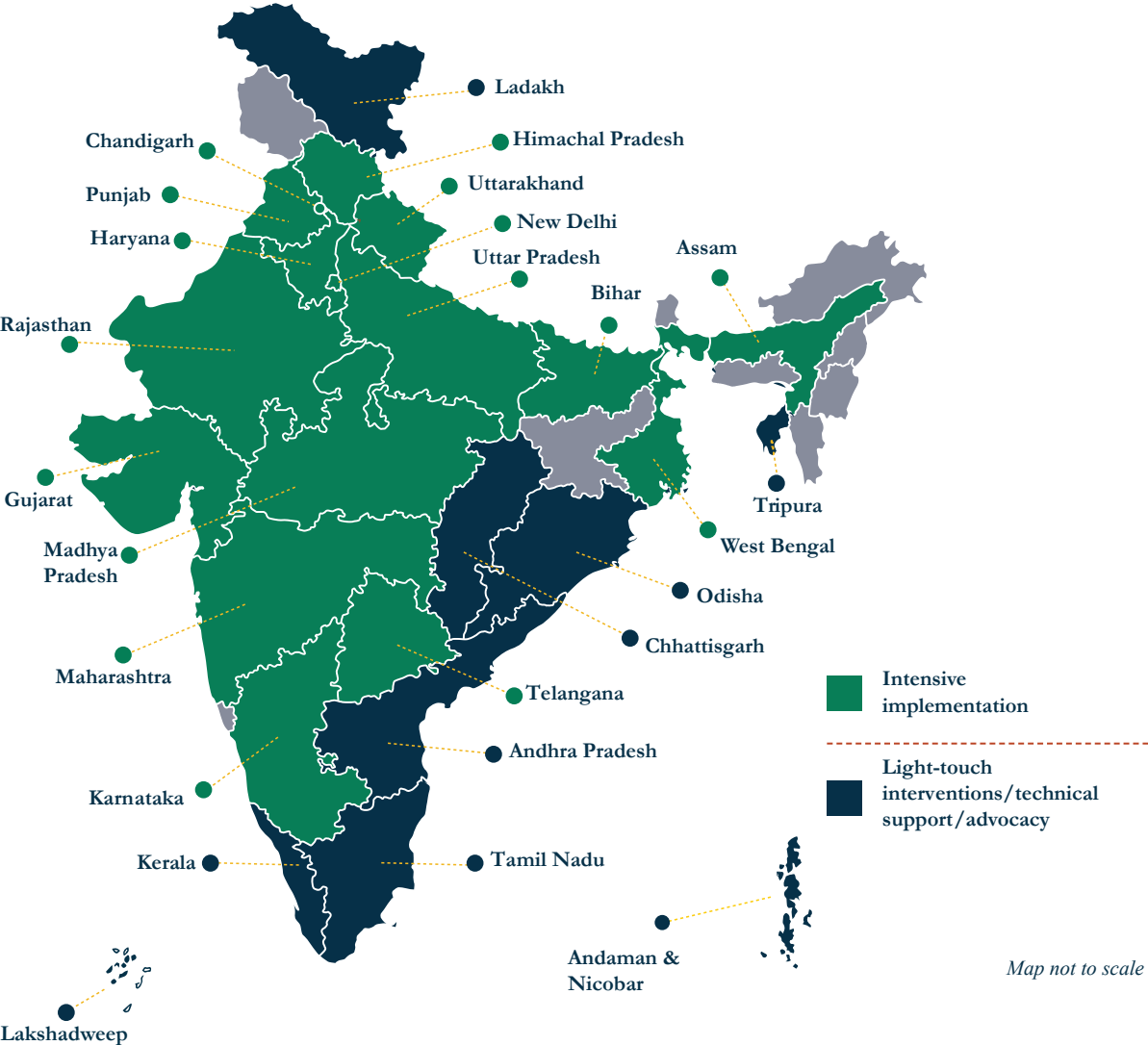
Reduce inequities through evidence-driven approaches

Our Intended Impact

Strengthen health systems to achieve population-level impact



Impact Across India



Our Focus

We are a team of public health and medical professionals, development practitioners, researchers, and social scientists, supported by a wide network of grassroots field teams. With over 250 publications, evidence-based care is at the core of our work. Our work centres around three core pillars:

Innovation and Implementation

Developing community-centric, evidence-based and scalable approaches



**Child Health
and Nutrition**



**Adolescent Health
and Empowerment**



**NCDs (Diabetes,
Hypertension and
Mental Health)**



**Respiratory
Resilience for the
Poor**

Ecosystem Development

Building national and global networks to generate insights, shape narratives, inform policies and mobilize funding



Women's Health



**Health for the
Urban Vulnerable**

Becoming Future Ready

Embedding Technology and AI across our themes to maximise our reach and impact



**Community Tech
and AI Integration**

Enabling Change in India's Last Mile



42,000,000+

vulnerable individuals reached through person-centred care and community structure engagement for TB treatment



450,000

Adolescent girls empowered through a life-cycle based approach



300,260

Eligible couples, pregnant women and lactating mothers reached to improve MNCH outcomes



4,382,499

Adults screened for diabetes and hypertension



530,800

Most at risk populations and people living with HIV covered under HIV/AIDS projects

Our Select Recognitions

Building Champions for Tomorrow

Ashraya Hastha Trust,
2025

Best NGO award

International Conference
on 'Innovations by NGO's
in Diabetes Care, 2021

Diabetes Awareness, Prevention and Wellness Award

ASSOCHAM, 2019

Quality in Healthcare Leadership Award

Zee Business Delhi, 2019

Deeply impacting
communities through
innovations in programs
IMPACT Award, 2017

Avahan Award for Best State Lead Partner for Mobilising Communities

Bill & Melinda Gates
Foundation, 2014

Our Partners



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