

# TWO DECADES ONE STEADY MISSION

**Building health, wellbeing and agency  
across rural and urban communities**

## Our Walk Along the Margins

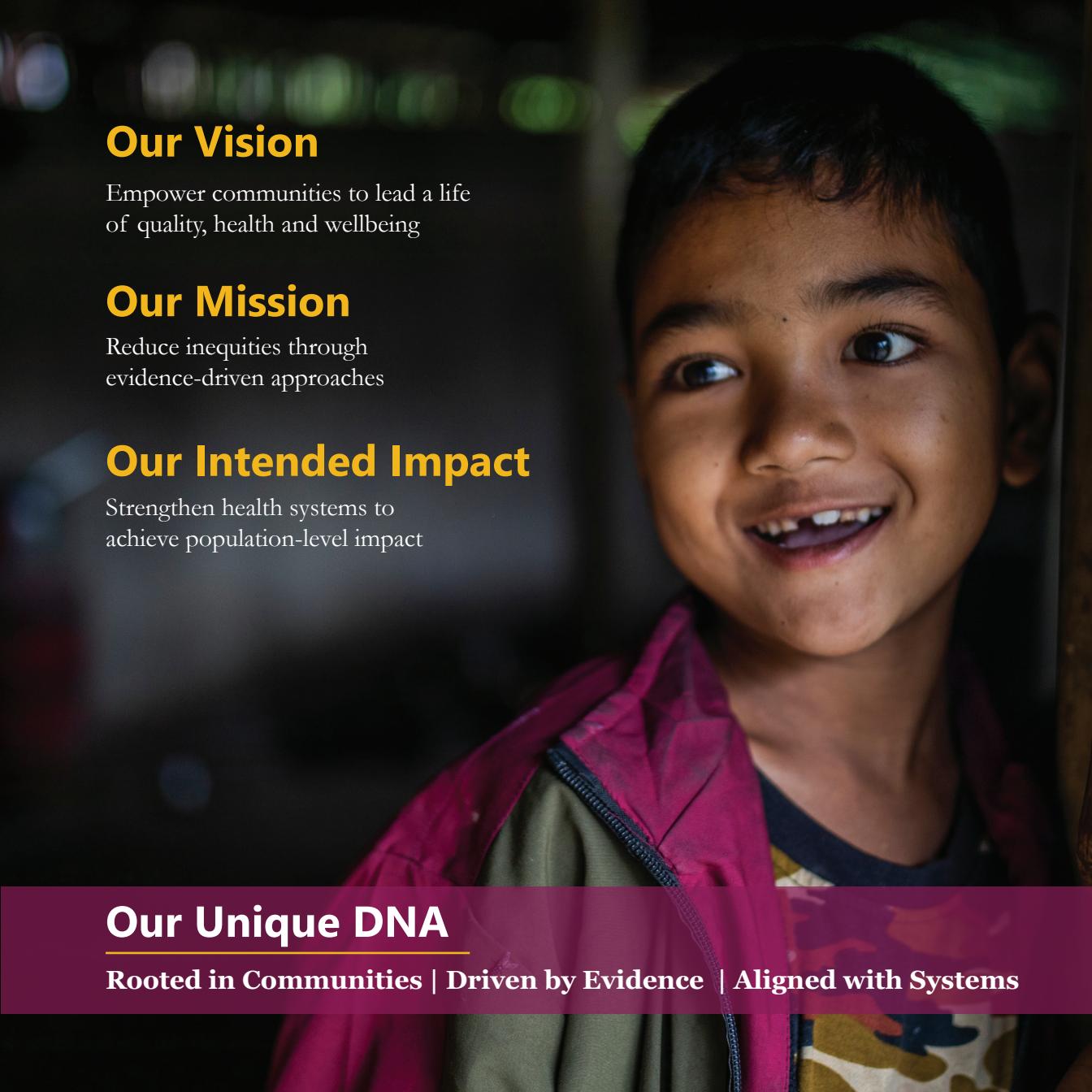
For over two decades, KHPT has walked alongside India's most vulnerable communities listening, learning, and building trust.

In places where health remains out of reach, held back by stigma, silence, or systemic gaps, we have worked to change that reality. We don't deliver solutions from above. We believe the answers already exist in local knowledge, culture of the place, and in collective intent.

While health is our focus, we see it in its full context shaped by poverty, gender, social norms, urbanisation, and climate. That's why, we bring together **technical expertise and community wisdom, blending data, dialogue, and systems thinking.**

**Because health and wellbeing is a right. And every community deserves not just access, but the power to shape their own well-being.**





## Our Vision

Empower communities to lead a life of quality, health and wellbeing

## Our Mission

Reduce inequities through evidence-driven approaches

## Our Intended Impact

Strengthen health systems to achieve population-level impact

## Our Unique DNA

**Rooted in Communities | Driven by Evidence | Aligned with Systems**

# Our Journey



## Where We Began

In the early 2000s, Karnataka was one of India's HIV epicentres. HIV exposed deep social inequities-rooted in poverty, stigma, and exclusion. KHPT was founded in this crisis. Working with marginalised communities, we reduced HIV prevalence by over 70% in the hardest-hit districts.



## Listening, Expanding, Evolving

As TB emerged as the leading cause of death among people with HIV, our focus expanded. We adopted a socioecological lens—seeing health as shaped by poverty, nutrition, and care. Listening to women living with HIV talk about their children, they led us to adolescent health and early childhood development.



## Investing in the Future

We moved from fragmented interventions to a holistic approach. We also address non-communicable diseases, respiratory illness, and climate-linked vulnerabilities.

Further, we are building ecosystems—mobilising knowledge and partnerships to advance two urgent, underfunded priorities: women's health and urban health.



# Community voices

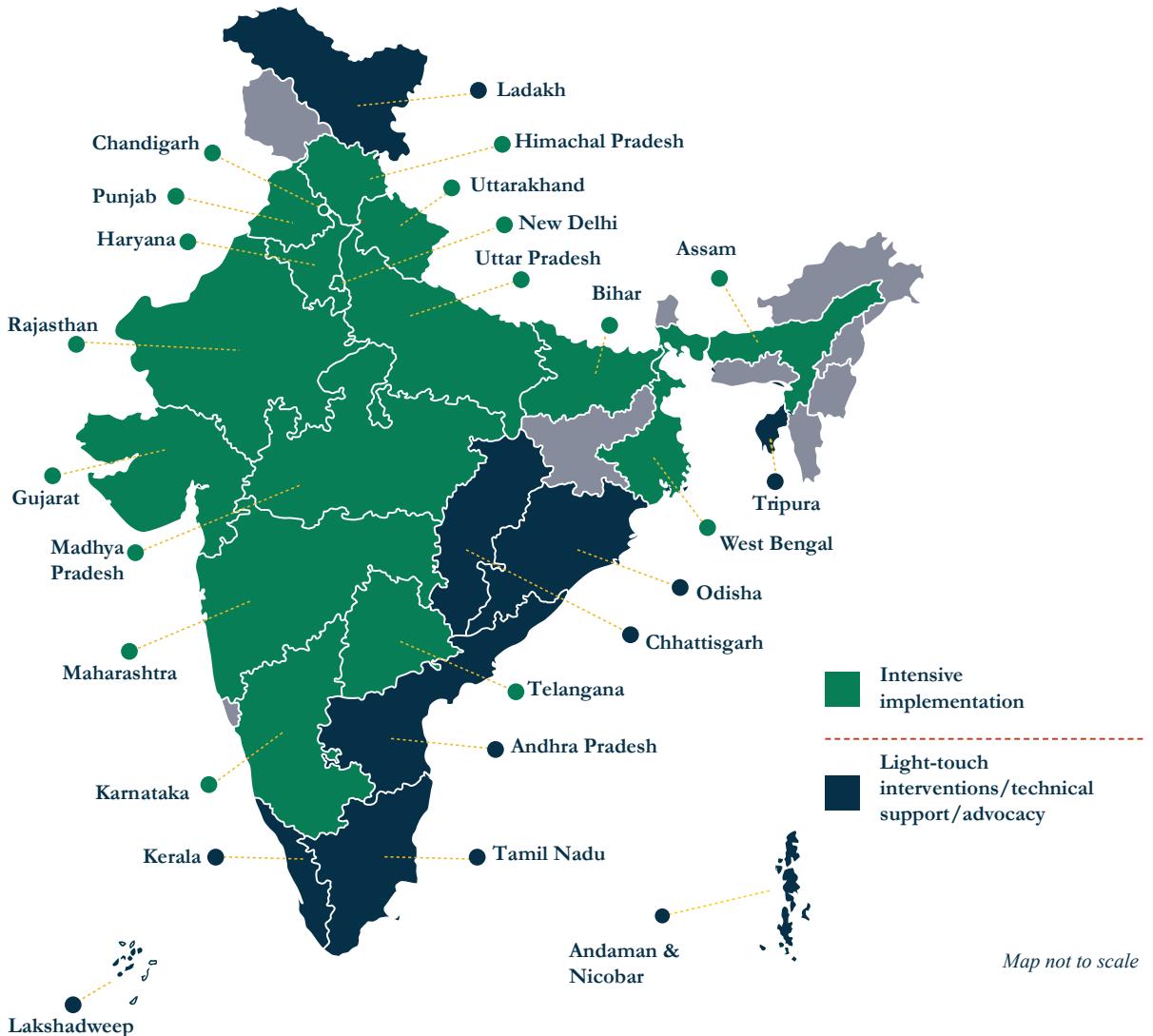


*The Sphoorthi project taught me many lessons and I understand that child marriages are harmful to adolescent girls. I helped in preventing underage marriages of two of my friends - **Priya**, an adolescent girl*

*After attending Eligible Couples Day and learning about a father's role in parenting, I understood that parenting isn't just a mother's responsibility. Even fathers can be good mothers - **Madhusudhan**, a new father*



# Impact Across India



# Our Focus

We are a team of public health and medical professionals, development practitioners, researchers, and social scientists, supported by a wide network of grassroots field teams. With over 250 publications, evidence-based care is at the core of our work. Our work centres around three core pillars:

## Innovation and Implementation

Developing community-centric, evidence-based and scalable approaches



**Child Health  
and Nutrition**



**Adolescent Health  
and Wellbeing**



**NCDs (Diabetes,  
Hypertension and  
Mental Health)**



**Respiratory  
Resilience for the  
Vulnerable**

## Ecosystem Development

Building national and global networks to generate insights, shape narratives, inform policies and mobilize funding



**Women's Health**



**Health for the  
Urban Vulnerable**

## Becoming Future Ready

Embedding Technology and AI across our themes to maximise our reach and impact



**Community Tech  
and AI Integration**

# Enabling Change in India's Last Mile



**42,000,000+**  
vulnerable individuals reached through person-centred care and community structure engagement for TB treatment



**450,000+**  
Adolescent girls empowered



**300,000+**  
Eligible couples, pregnant women and lactating mothers reached to improve MNCH outcomes



**4,382,000+**  
Adults screened and linked to care for diabetes and hypertension



**530,000+**  
Most at risk populations and people living with HIV covered under HIV/AIDS projects



# Our Select Recognitions

## Building Champions for Tomorrow

Ashraya Hastha Trust,  
2025

## Best NGO award

International Conference  
on 'Innovations by NGO's  
in Diabetes Care, 2021

## Diabetes Awareness, Prevention and Wellness Award

ASSOCHAM, 2019

## Quality in Healthcare Leadership Award

Zee Business Delhi, 2019

Deeply impacting  
communities through  
innovations in programs  
IMPACT Award, 2017

## Avahan Award for Best State Lead Partner for Mobilising Communities

Bill & Melinda Gates  
Foundation, 2014

# Our Partners



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