**Theme: Adolescent Girls**

**Sphoorthi Project**

Bringing social change through theatre

Sphoorthi girls are sensitizing their communities on gender discrimination, child marriage, anemia, girl-child education through the use of theatre, a traditional form of communication. 78 girls from 16 villages in Koppal district attended an eight-day theatre workshop to learn theatre skills from voice modulation to speech delivery to choreography and are now performing amongst masses to create awareness.

Creating kitchen gardens

Sphoorthi team has adopted a novel idea of setting up kitchen gardens with technical support from Reliance Foundation. This is to ensure availability of fresh fruits and vegetables for a family of 4-5 members round the year. KHPT teams are encouraging girls to become ambassadors of this model and set up kitchen gardens in their village.

Challenging traditional superstitious beliefs

The Pavada Bailu training was organised to build scientific reasoning and perspectives among adolescent girls to question superstitious beliefs imposed on them by people in their communities. Post the training, the girls are now raising awareness about the baseless superstitions at various platforms like parents' meeting, Samvada and peer girl meetings.

Training future leaders

Sphoorthi team organised a leadership and communication camp to build communication, leadership, team work and problem solving skills amongst 2969 girls in all 51 villages of the project intervention area.

**Theme: Nutrition**

**Multi Sectoral Nutrition Project**

Think green, go green!

The women folk of the Self-Help Group (SHG) at our Fortified Blended Food production units observed the World Environment Day on 5th June. They did so by planting saplings in their villages and pledging to join hands to protect the environment with the participation of the larger community.

Catalysing edible-oil and milk fortification

KHPT implementing project titled “Promoting and Strengthening Edible Oil and milk Fortification in India" to curb and tackle the endemic and widespread deficiency of Vitamin A and D across 8 states in India. KHPT in collaboration with The India Nutrition Initiative (Tata Trusts) and GAIN for implementing large scale food fortification organised a sensitisation programme for Food Safety Officers of the Food Safety and Standards Division, Telangana on Oil and Milk Fortification. The programme was inaugurated by Dr K Shankar, the Director of Department of Food Safety, Telangana who has agreed to support the large scale food fortification initiative in the state of Telangana.

**Theme: Orphan and Vulnerable Children**

**OVC project**

**National Dissemination Meet**

The national disseminating meeting was held at Delhi with representatives from NACO, the State AIDS Control Societies (SACS), NGOs and donor agencies to understand the key outcomes of the first phase of the OVC Project implemented by KHPT in the states of Andhra Pradesh, Karnataka and Maharashtra. The event also focused at ways to ensure that every child who is infected or affected by HIV/AIDS, in India is brought into a cycle of care and support within the framework of empowerment to live a wholesome life. 161 participants from 26 states participated at the dissemination meet.

**Theme: Non-Communicable Diseases**

**NCD project**

Strategizing NCD interventions

Technical experts from KHPT and the Landmark group, and the NCD project team met to conceptualise the strategic implementation plan for the project in both Chincholi and Mysore which are implementing a health entrepreneurship and NCD continuum of care models for the second phase of the NCD project.
### Theme: Tuberculosis

#### THALI Project

**KHP signs MoU with RNTCP**

KHP signed a Memorandum of Understanding with the RNTCP in May, covering the THALI and the JEET program. The MoU provides a clear path for KHPT to implement interventions for TB patient care and support, as well as improved treatment outcomes, in the state.

**THALI expands coverage in Karnataka, Telangana and to Andhra Pradesh**

The THALI project has expanded its operations to selected high-burden towns in 24 districts of Karnataka, Telangana and Andhra Pradesh. The focused intervention will take place in these high-burden towns, and will be replicated in areas where patients are in need of care and support through RNTCP frontline workers.

**National-level consultative workshop on nutrition support**

KHP organized a consultative workshop in collaboration with the Central TB Division and USAID on “Enabling Nutrition Support for TB Patients”. The one-day workshop featured technical presentations on the interlinkages between nutrition status and TB prevention efforts; and highlighted the significant role of partners in supporting the government to meet the nutritional needs of TB patients using varied approaches.

**Linking patients to Direct Benefit Transfer payments**

THALI Community Coordinators (CCs) began helping TB patients open bank accounts to link them up with Government-mandated direct benefit transfer (DBT) payments. The CCs procured patient lists from the Designated Microscopy Centres, and submitted them to local bank branches to open zero-balance accounts, in which Rs. 500 per patient per month will be deposited. Bank account details of each patient were then provided to RNTCP officials who will initiate the payments.

### Theme: Maternal, Neonatal and Child Health

#### Kangaroo Mother Care

**Time to celebrate**

KMC team observed the International KMC Awareness Day in Koppal district on May 15 with the support of the Department of Health and Family welfare and private hospitals involved in the program. The event witnessed a lot of energy and enthusiasm amongst the department staff, frontline workers, the project team and community members. A kiosk was set up to disseminate information on KMC to educate community members. It was visited by about 450 staff from government departments, 62 project staff and 700 community members.

#### IHAT Karnataka TSU

**Dreams do come true**

“I aspire to become an HR professional, but being rejected by my family, friends and relatives at every stage of my life, I knew it will not be possible and I may lose my current job as programme manager too if I revealed my gender” says Rose. “But dreams do come true. The Karnataka TSU team supported me in getting a job in “Nestaway Technologies” in Tamil Nadu, as an HR professional. I am extremely thankful to the team. Though the language and culture is different in the IT industry, I am confident of managing well”, says Rose, a transgender.

#### IHAT Uttar Pradesh TSU

**Family Planning**

**Stabilising population growth**

A three monthly injectable contraceptive called Antara and weekly oral contraceptive pill called Chhaya introduced in the Public Health system at District Hospitals (72 facilities) under Mission Pariwar Vikas (MPV) campaign. The state plans to introduce Antara and Chhaya at CHCs to make it accessible to women to meet their reproductive health goals.

With this expansion, the new contraceptives will be available at an additional 600+ facilities with support from UPTSU. Moreover, 150,000 frontline workers will also be oriented within this year on these new contraceptives with support from UPTSU teams in the 75 districts of Uttar Pradesh.
Reproductive Maternal Newborn, Child Health and Adolescent plus (RMNCHA+): Digital platform for health launched in Uttar Pradesh

The NHM, Uttar Pradesh has developed a comprehensive health dashboard with the support of the UPTSU. This dashboard pulls data from multiple sources and uses AI for textual insights that will help NHM in making smart and informed decisions about program progress in the state and help track improvements in key Reproductive Maternal Newborn, Child Health and Adolescent plus (RMNCHA+) indicators through an interactive GIS based visualization. The dashboard works on both android and iOS and is compatible on mobile phone, tabs and desktop devices.

A roadmap for Reproductive Maternal Newborn, Child Health and Adolescent plus (RMNCHA+)

A three year BCC strategy and roadmap for the year 2018-2021 developed by NHM-UP with support of UP-TSU based on extensive research that gave an overview of the best practices of multinational corporations with traditional public health approaches. UP-TSU has also developed a yearlong outcome based execution plan for NHM using a 360 integrated approach combining traditional and new media thereby targeting the right message, to the right person, at the right time, and via the right channel.

An App for ASHAs

ASHA/ASHA Sangini Incentive Digitization App aimed at ensuring timely and hassle free payments of incentives to the frontline workers was launched by NHM-UP in June 2018. The app created with the support of UPTSU digitizes the incentives voucher processing and payment process at block level and additionally, allows ASHAs track real time payment updates and performance improvement inputs. The UPTSU team also conducted a training program for MOICs and Block Account Managers on effective utilization of the app.

Case study: Using Non-pneumatic Anti-shock garment (NASG)

Roli Devi, a 27 years old pregnant with her third child delivered a healthy baby at 7:55 AM on June 1. But immediately, after her delivery, she started bleeding heavily because of cervical tear and uterine atony and lost around 1000 ml of blood. After assessing her situation, the staff nurse did initial PPH management. NASG was wrapped around the patient by doctor and blood transfusion was initiated. Following the application, the condition of mother started improving, bleeding decreased and uterus remained contracted. On follow-up, both mother and child were found healthy. The NASG is a lightweight neoprene garment that is made up of five segments that close tightly with Velcro. The NASG applies pressure to the lower body and abdomen, thereby stabilizing vital signs and resolving hypovolemic shock. When fitted correctly, the reusable NASG forces blood to the essential organs - heart, lungs, and brain.

Strengthening FRUs

A feedback sharing workshop held in June 2018 to discuss the progress and gaps of the FRUs visited by the RRTC faculty, UPTSU team and other team members from NHM. MD, NHM appreciated the unbiased feedback of the faculty assuring his support to the program and underlined that government is planning for the placement of all the specialists including Gynaecologist, Paediatrician and Anaesthetist at the FRUs.

I pledge the 9th - pregnant women

UPTSU is extensively supporting in organizing the Pradhana Mantri Surakshit Mattritva Abhiyan on the 9th of every month under the in the Allahabad region to provide assured, comprehensive and quality antenatal care, free of cost, universally to all pregnant women. This involves helping pregnant women get iron-sucrose and blood transfusion to tackle severe anaemia, proper referral, management and follow-up of high-risk pregnant women.

Employee corner

KHPT, Senior Advisor, Dr Shivalingappa S Halli who is also a professor, Department of Community Health Sciences at the University of Agriculture Sciences, Dharwad. The online digital marketing course helped me learn innovative and novel ideas that can help organisation grow and build its online presence more strategically.

- Aditi Sood, IHAT

The best thing about the two-week International Infectious Disease and Global Health Training Program (IID & GHTP) held at the University of Manitoba, Winnipeg, was the opportunity to meet and get exposed to perspectives from students of different nationalities. It opened up our minds and our hearts.

- Swaroop N, KHPT

We were encouraged to see the work that KHPT has been doing in the area of Maternal Neonatal and Child Health and hope to adopt the learnings and strategies in our MNCH project in Nepal.

- Upendra Chand, MNCH project Officer, International Nepal Fellowship (INF)

HR CORNER

The KMC team meeting was very unique. It was time for us to discuss and reflect on our achievements. There were lot of fun filled activities that helped us to share our inner feelings and innovative ideas to address the gaps.

- Pandulak Baramegoudar, District Community Specialist, Koppal, at KMC review meeting

Strengthening FRUs

A feedback sharing workshop held in June 2018 to discuss the progress and gaps of the FRUs visited by the RRTC faculty, UPTSU team and other team members from NHM. MD, NHM appreciated the unbiased feedback of the faculty assuring his support to the program and underlined that government is planning for the placement of all the specialists including Gynaecologist, Paediatrician and Anaesthetist at the FRUs.

I pledge the 9th - pregnant women

UPTSU is extensively supporting in organizing the Pradhana Mantri Surakshit Mattritva Abhiyan on the 9th of every month under the in the Allahabad region to provide assured, comprehensive and quality antenatal care, free of cost, universally to all pregnant women. This involves helping pregnant women get iron-sucrose and blood transfusion to tackle severe anaemia, proper referral, management and follow-up of high-risk pregnant women.

Case study: Using Non-pneumatic Anti-shock garment (NASG)

Roli Devi, a 27 years old pregnant with her third child delivered a healthy baby at 7:55 AM on June 1. But immediately, after her delivery, she started bleeding heavily because of cervical tear and uterine atony and lost around 1000 ml of blood. After assessing her situation, the staff nurse did initial PPH management. NASG was wrapped around the patient by doctor and blood transfusion was initiated. Following the application, the condition of mother started improving, bleeding decreased and uterus remained contracted. On follow-up, both mother and child were found healthy. The NASG is a lightweight neoprene garment that is made up of five segments that close tightly with Velcro. The NASG applies pressure to the lower body and abdomen, thereby stabilizing vital signs and resolving hypovolemic shock. When fitted correctly, the reusable NASG forces blood to the essential organs - heart, lungs, and brain.

Strengthening FRUs

A feedback sharing workshop held in June 2018 to discuss the progress and gaps of the FRUs visited by the RRTC faculty, UPTSU team and other team members from NHM. MD, NHM appreciated the unbiased feedback of the faculty assuring his support to the program and underlined that government is planning for the placement of all the specialists including Gynaecologist, Paediatrician and Anaesthetist at the FRUs.

I pledge the 9th - pregnant women

UPTSU is extensively supporting in organizing the Pradhana Mantri Surakshit Mattritva Abhiyan on the 9th of every month under the in the Allahabad region to provide assured, comprehensive and quality antenatal care, free of cost, universally to all pregnant women. This involves helping pregnant women get iron-sucrose and blood transfusion to tackle severe anaemia, proper referral, management and follow-up of high-risk pregnant women.

Case study: Using Non-pneumatic Anti-shock garment (NASG)

Roli Devi, a 27 years old pregnant with her third child delivered a healthy baby at 7:55 AM on June 1. But immediately, after her delivery, she started bleeding heavily because of cervical tear and uterine atony and lost around 1000 ml of blood. After assessing her situation, the staff nurse did initial PPH management. NASG was wrapped around the patient by doctor and blood transfusion was initiated. Following the application, the condition of mother started improving, bleeding decreased and uterus remained contracted. On follow-up, both mother and child were found healthy. The NASG is a lightweight neoprene garment that is made up of five segments that close tightly with Velcro. The NASG applies pressure to the lower body and abdomen, thereby stabilizing vital signs and resolving hypovolemic shock. When fitted correctly, the reusable NASG forces blood to the essential organs - heart, lungs, and brain.